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In ADDICTION TO LOVE, recovering love addict Susan Peabody explains the variety of ways this disorder plays out, from the obsessively doting love addict to the addict who can't disentangle from an unfulfilling, dead-end relationship. Peabody provides an in-depth and easy-to-follow recovery program for those suffering from this unhealthy and often dangerous addiction and explains how to create a loving, safe, and fulfilling relationship.

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ADDICTION TO LOVE OVERCOMING OBSESSION &
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Love addiction is a compulsive, obsessive, and dysfunctional dependency on a person in a relationship. The addiction to love is, in reality, an addiction to a fantasy of another person in the relationship. The fantasy feeds the obsession and powerful denial of the other person- and creating the illusion of true love, intimacy, and closeness.

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