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Preview — The Hacking of the American
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the American Mind Quotes Showing 1-17
of 17. “ If you don ’ t know how to cook,
you ’ re hostage to the food industry for the

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rest of your life and unwittingly will pass this on to your children. ”

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In the last 40 years, government legislation and subsidies have promoted ever-available temptation (sugar, drugs, social media,

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porn) combined with constant stress (work, home, money, Internet), with the end result of an unprecedented epidemic of addiction, anxiety, depression, and chronic disease.

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the corporate scheme to sell pleasure, driving the international epidemic of addiction, depression, and chronic disease.

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Our Bodies and Brains was published in September 2017. Written by Dr. Robert Lustig, it is his second attempt to keep his readers from succumbing to the pleasures of sugar, while also detailing his theory as to how America came to be in its current unhappy, drug-addicted, depressed state.

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Nothing is more singularly significant in

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American government than the ritual of voting; if the electorate were to lose confidence in the integrity of our elections, it would be a tragedy. Yet, since allegations of hacking and manipulation surfaced during the 2016 election, just how much value a vote has in our system has been in doubt.

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The Great Hack is a 2019 documentary film about the Facebook – Cambridge Analytica data scandal, produced and directed by Jehane Noujaim and Karim Amer, both previous documentary Academy Award

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nominees. The film's music was composed by Emmy-nominated film composer Gil Talmi. The Great Hack premiered at the 2019 Sundance Film Festival in the Documentary Premieres section and was released by Netflix on July 24, 2019. The documentary focuses on Professor David Carroll of Parsons and The New ...

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