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The Pursuit of Perfect: How to Stop Chasing Perfection and Start Living a Richer, Happier Life: Author: Tal Ben-Shaha: Publisher: McGraw Hill Professional, 2009: ISBN: 0071608834, 9780071608831: Length: 272 pages: Subjects

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“optimalism,” a term whose life was no doubt conceived from early researchers’ description of the concept of positive psychology as the “scientific study of optimal human functioning.”

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The Pursuit of Perfect Packing - Wikipedia

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Not One Wasted Second; The Pursuit of the Perfect

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The Pursuit of Perfect by Tal Ben-Shahar - Curtis Brown

<http://www.PhilosophersNotes.com> The Pursuit of Perfect by Tal Ben-Shahar. Here's a quick look at a few of my favorite Big Ideas from Tal Ben-Shahar's *brill...

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